

Course Information

Course Description

The Pelvic Rotator Cuff concept is a revolutionary breakthrough in understanding abdominal, back and pelvic muscle function. The automatic coordination of these muscles is essential in effective treatment of sacroiliac and back pain, balance and gait problems as well as bladder and bowel health. Roll for Control Exercises create optimal sacroiliac & low back, standing balance & walking, bladder & bowel function.

This non-invasive approach to evaluation and treatment gives immediate results with easy to do exercises.

Results in 1-3 visits!

Course Objectives

At the conclusion of this course, the participant will be able to:

1. Describe the anatomy, physiology, neurology and function of the pelvic rotator cuff.
2. Describe the functional relationship of the pelvic rotator cuff, breathing diaphragm, abdominal and back musculature in low back pain & sacroiliac dysfunction, hip, knee and ankle dysfunction, balance & gait, bladder & bowel health.
3. Describe the neurological control of functional synergies within the pelvic rotator cuff, abdominals, back extensors and breathing diaphragm.
4. Develop assessment sequences for the pelvic rotator cuff in relation to low back pain & sacroiliac dysfunction, balance & gait dysfunction, bladder & bowel health.
5. Develop treatment strategies including Roll for Control Exercises for the pelvic rotator cuff in relation to low back pain & sacroiliac dysfunction, balance & gait dysfunction, bladder & bowel health.
6. Develop marketing, reimbursement, & referral plan for Roll for Control clientele.

Instructor's Bio

Janet A. Hulme M.A., P.T.

Janet A. Hulme M.A., P.T., is a national authority on conservative treatment of bladder, bowel and pelvic muscle dysfunction. A former University professor, Ms. Hulme has been a therapist for over 36 years and had a private practice for 10 years. She specialized in pediatrics for 10 years and did her graduate thesis on developmental progression of motor skills in infants.

She is a frequent presenter at seminars around the country and is the author of numerous books and tapes. Her most recent books include: Bladder and Bowel Issues for Kids: A Handy Guide for Kids Ages 4-12; Pelvic Rotator Cuff in Human Function and Movement; and Beyond Kegels: Fabulous Four Exercises and more to Prevent and Treat Incontinence. Her most recent DVDs include Pelvic Rotator Cuff in Human Function and Movement and Roll for Control: Bones, Bottoms, and Balance.

Presented By:
Healthcare Management Solutions
16170 South Kingsport Road
Orland Park, IL 60467

IL PT CE Sponsor License #216.000134
IL OT CE Sponsor License #224.000056
IL SLP License #202.000191
IL Nurses CE Sponsor License #236.000011
IL Social Worker CE Sponsor License #159.000904
IL Nursing Home Administrator CE Sponsor License #139.000184

8.0 CE Contact Hours

Sponsored By:
Quality Therapy & Consultation



Pelvic Rotator Cuff:

*Back, Lower Extremity,
Bladder,
and Bowel Function*

**Saturday,
March 8th, 2014
New Lenox, IL
8:00am - 5:00pm**

Instructor:
Janet A. Hulme, M.A., P.T.

**8.0 CE
Contact Hours**

**Appropriate For:
Physical and Occupational
Therapists
(OT, OTA, PT, PTA)**

Pelvic Rotator Cuff — Saturday, March 8, 2014

SCHEDULE

Saturday, March 8, 2014

7:30am	Check-In/Breakfast
8:00am	Introduction
10:00am	Break
12:00pm	Lunch (on site)
2:00pm	Break
5:00pm	Questions and Wrap Up

Contact Hours

8.0 hours, HMS is an IDFPR licensed sponsor of C.E. for OT, OTA, PT, PTA, SLP, Nurses, Social Workers and Nursing Home Administrators. If a registrant is late arriving to the course or leaves early, their certificate of course completion/contact hours will be adjusted accordingly.

Refunds/Cancellations

Any and all cancellations MUST be received on or before Friday, February 21, 2014 and are refundable less 20% of the original course fee paid (processing/supply charge) per registrant. Any cancellations received after 02/21/2014 will not be refunded. *Please note that if you register and do not attend, you are still liable for full payment.*

Registration Confirmation

If you have not received a confirmation within 5 days of the program, please email CE@qtctherapy.com.

Seminar Location

Healthcare Management Solutions
222 Stone Court
New Lenox, IL 60451

Registration Form

Please mail, fax, or email this completed form:

Mail: Healthcare Management Solutions
16170 South Kingsport Road, Orland Park, IL 60467
Fax: (708) 326-1557 **Phone:** (708) 326-1550
Email: CE@qtctherapy.com

Fee: \$205/pp (\$190/pp for groups of 3+)

Includes Breakfast, Lunch, Snacks and all course materials.

Name: _____

Address: _____

City: _____

State: _____ Zip Code: _____

Phone: _____

Email: _____

Employer: _____

Professional License Number: _____

Payment

Check Enclosed
(Payable to Healthcare Management Solutions)

Credit Card: *VISA or MasterCard* (circle one)

Card #: _____ Exp. Date: _____

Name on Card: _____

Authorized Signature: _____

Billing Address (if different from above):

City: _____

State: _____ Zip Code: _____

Please mail, fax or email this completed form to:

Mail: Healthcare Management Solutions
16170 Kingsport Road, Orland Park, IL 60467
Fax: (708) 326-1557 **Phone:** (708) 326-1550
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