

Course Information

COURSE DESCRIPTION

This course places heavy emphasis on accurate diagnosis, manual therapy and skilled, specific lumbar strengthening/retraining. Participants will review the lumbopelvic anatomy as it relates to function. Red flags specific to the lumbar spine will be discussed, enabling the course participant to better identify patients who need referral to a physician. Also, yellow flags will be reviewed to assist clinicians in identifying patients who have poorer prognosis and how to account for this. An evidence-guided algorithm will be taught, in which the participant will be able to more accurately identify the cause of lumbopelvic pain. Course participants will review concepts through interactive labs, in which palpation, testing, manual therapy and exercise prescription will be practiced.

COURSE OBJECTIVES

At the conclusion of this course, the participant will:

1. Review the osseous, ligamentous and nervous system anatomy as it relates to function and diagnosis.
2. Review the mechanics of the lumbopelvic spine, to have a better understanding the components of specific lumbar mobilization techniques.
3. Be able to use an evidence-guided algorithm to more accurate diagnosis pain coming from the lumbopelvic region.
4. Review red flags related to the lumbar spine, as contraindications to physical/occupational treatment as well as yellow flags that can affect prognosis.
5. Feel comfortable with a set of lumbar and pelvic manual therapy techniques to improve mobility and decrease pain.
6. Be able to train the most debilitated patient up to fully functional using core strengthening progressions.

Instructor's Biography

PHILIP TOAL PT, DPT, OCS, C-OMPT, FAAOMPT

Dr. Toal is a graduate of the State University of New York at Buffalo, graduating with a doctor of physical therapy degree. He has also completed an Orthopaedic Physical Therapy Residency at the Institute of Therapeutic Science (ITS) as well as a Fellowship in Orthopaedic and Manual Physical Therapy. Dr. Toal is also board certified in orthopaedic physical therapy, is certified in orthopaedic and manual physical therapy, a fellow of the American Academy of Orthopaedic and Manual Physical Therapists and is a certified clinical instructor. He is the Program Director for the Cleveland Clinic's Orthopaedic Physical Therapy Residency. He is Medina Hospital's center coordinator of clinical education. Currently, he serves as adjunct faculty at ITS for its residency program, is Adjunct Faculty in Cleveland State University's DPT program teaching medical screening, manual therapy, and complex conditions for extremities, and teaches continuing education courses to other PT's nationally.

Presented By:

Healthcare Management Solutions
16170 South Kingsport Road
Orland Park, IL 60467

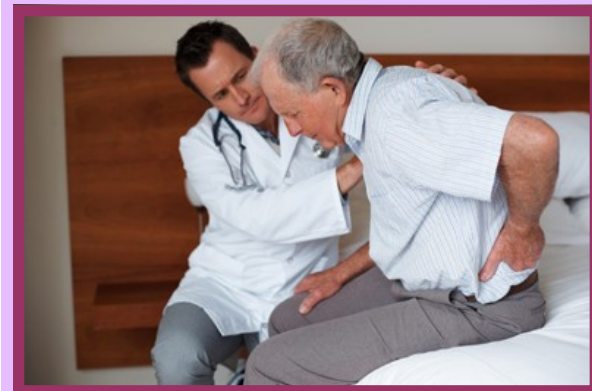
C.E. Sponsor Licenses:

IL PT #216.000134
IL OT #224.000056
IL SLP #202.000191
IL Nurses #236.000011
IL Social Worker #159.000904
IL Nursing Home Administrator #139.000184

Sponsored By:



Lumbopelvic Therapy for the Aging Adult



Saturday, March 21, 2015
8:00am - 4:30pm
Palos Park, IL

Instructor:
Philip Toal

PT, DPT, OCS, C-OMPT, FAAOMPT

7.5 CE Hours

Appropriate For:
**Occupational and Physical
Therapists**
(OT, OTA, PT, PTA)

Lumbopelvic Therapy for the Aging Adult — Saturday, March 21, 2015

SCHEDULE

7:30am	Check-In/Breakfast
8:00am	Start
10:00am	Break (15 minutes)
12:00pm	Lunch On-Site (30 minutes)
2:00pm	Break (15 minutes)
4:30pm	Conclusion



CE HOURS

7.5 hours, HMS is an IDFPR licensed sponsor of C.E. for OT, OTA, PT, PTA, SLP, Nurses, Social Workers, and Nursing Home Administrators. If a registrant is late arriving to the course or leaves early, their certificate of course completion/CE hours will be adjusted accordingly.

REFUNDS/CANCELLATIONS

Any and all cancellations MUST be received on or before Friday, March 6, 2015 and are refundable less 20% of the original course fee paid (processing/supply charge) per registrant. Any cancellations received after 03/06/2015 will not be refunded. *Please note that if you register and do not attend, you are still liable for full payment.*

SEMINAR LOCATION

Holy Family Villa
12220 South Will Cook Road
Palos Park, IL 60439

ONLINE REGISTRATION

www.qtctherapy.com > Continuing Education > Course Registration Form

ADDITIONAL REGISTRATION OPTIONS

Mail: Healthcare Management Solutions
16170 South Kingsport Road | Orland Park, IL 60467
Email: CE@qtctherapy.com
Fax: (708) 326-1557
Phone: (708) 326-1550

REGISTRATION CONFIRMATION

If you have not received a confirmation within 5 days of the program, please email CE@qtctherapy.com.

Cost: \$199/pp (\$189/pp for groups of 3+)

Includes Breakfast, Lunch, Snacks and all course materials.

Name: _____

Address: _____

City: _____

State: _____ Zip Code: _____

Phone: _____

Email: _____

Employer: _____

Discipline: _____

Professional License Number: _____

Payment Methods

- Check (enclosed & payable to Healthcare Management Solutions)
- Credit Card (circle one: VISA *or* MasterCard)

Card Number: _____

Expiration Date: _____

Name on Card: _____

Authorized Signature: _____

Billing Address: *(if different from above)*

City: _____

State: _____ Zip Code: _____