

Course Information

COURSE DESCRIPTION

Much attention is given to assessing shoulder pain in athletes, especially overhead throwing athletes. However, shoulder pain is the third most common musculoskeletal complaint in the *general population* and treatment of the non-athletic patient is just as important as treating the athletic shoulder. This course will describe evaluation and treatment techniques aimed at restoring function and decreasing pain in the non-athletic shoulder. Focus will be on examining the shoulder using the best available special tests and applying hands on therapy to improve ROM and decrease pain. Also, knowing which exercises are best to target the muscle groups intended to best achieve outcomes will be discussed. Special consideration will be given towards techniques and exercises for the older adult population.

COURSE OBJECTIVES

At the conclusion of this course, the participant will:

1. Have a very thorough knowledge of the shoulder anatomy, as it relates to PT differential diagnosis
2. Understand the biomechanics of each joint that comprises the shoulder complex
3. Be able to effectively screen for medical diagnoses that may present with complaints of pain in the shoulder region
4. Understand potential biopsychosocial factors that may limit or impede progress during physical therapy treatment
5. Accurately assess the shoulder complex with physical tests that have the best diagnostic accuracy to improve efficiency
6. Be able to identify multiple causes for shoulder pain in the non-throwing/non-athletic patient population
7. Be able to differentiate between the different types of shoulder impingement
8. Be able to appropriately prescribe exercises with knowledge of which specific movements/positions best strengthen specific muscles
9. Be able to apply a variety of joint mobilizations to improve joint mobility

Instructor's Biography

PHILIP TOAL
PT, DPT, OCS, C-OMPT, FAAOMPT

Dr. Toal is a graduate of the State University of New York at Buffalo, graduating with a doctor of physical therapy degree. He has also completed an Orthopaedic Physical Therapy Residency at the Institute of Therapeutic Science (ITS) as well as a Fellowship in Orthopaedic and Manual Physical Therapy. Dr. Toal is also board certified in orthopaedic physical therapy, is certified in orthopaedic and manual physical therapy, a fellow of the American Academy of Orthopaedic and Manual Physical Therapists and is a certified clinical instructor. He is the Program Director for the Cleveland Clinic's Orthopaedic Physical Therapy Residency. He is Medina Hospital's center coordinator of clinical education. Currently, he serves as adjunct faculty at ITS for its residency program, is Adjunct Faculty in Cleveland State University's DPT program teaching medical screening, manual therapy, and complex conditions for extremities, and teaches continuing education courses to other PT's nationally.

Presented By:

Healthcare Management Solutions
16170 South Kingsport Road
Orland Park, IL 60467

C.E. Sponsor Licenses:

IL PT #216.000134
IL OT #224.000056
IL SLP #202.000191
IL Nurses #236.000011
IL Social Worker #159.000904
IL Nursing Home Administrator #139.000184

Sponsored By:



Shoulder Therapy for the Aging Adult



Friday, March 20, 2015
8:00am - 4:30pm
Palos Park, IL

Instructor:
Philip Toal

PT, DPT, OCS, C-OMPT, FAAOMPT

7.5 CE Hours

Appropriate For:
Occupational and Physical
Therapists
(OT, OTA, PT, PTA)

Shoulder Therapy for the Aging Adult — Friday, March 20, 2015

SCHEDULE

7:30am	Check-In/Breakfast
8:00am	Start
10:00am	Break (15 minutes)
12:00pm	Lunch On-Site (30 minutes)
2:00pm	Break (15 minutes)
4:30pm	Conclusion



CE HOURS

7.5 hours, HMS is an IDFPR licensed sponsor of C.E. for OT, OTA, PT, PTA, SLP, Nurses, Social Workers, and Nursing Home Administrators. If a registrant is late arriving to the course or leaves early, their certificate of course completion/CE hours will be adjusted accordingly.

REFUNDS/CANCELLATIONS

Any and all cancellations MUST be received on or before Friday, March 6, 2015 and are refundable less 20% of the original course fee paid (processing/supply charge) per registrant. Any cancellations received after 03/06/2015 will not be refunded. *Please note that if you register and do not attend, you are still liable for full payment.*

SEMINAR LOCATION

Holy Family Villa
12220 South Will Cook Road
Palos Park, IL 60439

ONLINE REGISTRATION

www.qtctherapy.com > Continuing Education > Course Registration Form

ADDITIONAL REGISTRATION OPTIONS

Mail: Healthcare Management Solutions
16170 South Kingsport Road | Orland Park, IL 60467
Email: CE@qtctherapy.com
Fax: (708) 326-1557
Phone: (708) 326-1550

REGISTRATION CONFIRMATION

If you have not received a confirmation within 5 days of the program, please email CE@qtctherapy.com.

Cost: \$199/pp (\$189/pp for groups of 3+)

Includes Breakfast, Lunch, Snacks and all course materials.

Name: _____

Address: _____

City: _____

State: _____ Zip Code: _____

Phone: _____

Email: _____

Employer: _____

Discipline: _____

Professional License Number: _____

Payment Methods

- Check (enclosed & payable to Healthcare Management Solutions)
- Credit Card (circle one: VISA or MasterCard)

Card Number: _____

Expiration Date: _____

Name on Card: _____

Authorized Signature: _____

Billing Address: *(if different from above)*

City: _____

State: _____ Zip Code: _____